

THE VIRGINIA HOME

THE VIRGINIA HOME

Annual Report
2023



A MESSAGE TO OUR FRIENDS

“We have been discussing how we can best secure the future of The Home for many years to come and provide the best possible life experience for our residents.”

Doug Vaughan and Debbie Meeks at the Junior Board's Valentine's Day celebration.



2023 was a year packed full of exciting events, activities, achievements, plans, dreams, and a few challenges. Here is a brief recap of the year along with a hint of things to come.

Once everyone recovered from the holidays, New Years, and the Kansas City Chiefs winning the Superbowl, we focused on our next big event—Stories of Courage & Grace. Our TVH family thoroughly enjoyed our guest speaker Chef Jeff Henderson as he shared his amazing story and toured The Home. His easy rapport with our residents and with guests at The Jefferson Hotel was just wonderful. As soon as that event ended and our sponsors were thanked, we immediately began planning for 2024.

The spring and summer were a whirlwind of activity both on our campus and in the community. A record number of attendees participated in the annual Walk 'n' Roll 5k, and that was just the beginning. Activities included live theater at Altria, Camp Baker, Special Olympics, National Harbor for a Travel Scholarship, and our Annual Fishing Tournament. In June, we hosted a follow-up event for our successful “Anchors Away” parking lot party. This year our event was called “Live Out Loud” featuring The Bachelor Boys Band. Everyone enjoyed the music and had a fantastic evening! We also cannot forget a resident favorite, The Boo House for Halloween. The costumes this year were frightful! And the fun continued through the holiday season, one of the most festive and joyful times of the year at The Home.

This year our residents have enjoyed two new programs here at The Virginia Home. The Brainiacs program developed by Goodwin Living is a curriculum designed to help our residents improve and maintain their memory. The Home was nominated as one of Health Quality Innovators' “Innovators of the Year” for this program. The second program is CP University which offers education and support for residents who have cerebral palsy. Both programs have been extremely popular and a tremendous benefit for our residents.

Recruiting and retaining talented workers in today's workforce continues to be a challenge. This year The Home launched a Human Resource Information System which will more efficiently manage recruiting, onboarding, and performance management. Our Employee-led Benefits Committee has focused on employee wellness this year and held a wonderful health fair that included biometric health testing and on-site access to all our benefit providers. We also encouraged exercise by offering a Hip-Hop Cardio class for all associates.

We know that it is important to recognize a job well done. We recently partnered with the Ceca Foundation,

which stands for Celebrating Caregivers. The Ceca Program uses proven recognition techniques and innovative technology to celebrate high touch acts of care that improve client satisfaction and lower burnout and turnover. Along with financial rewards, generously approved by the Board of Trustees, we know these measures are making a difference. Employee engagement improved by 13% this year and we continue to work to achieve the Best Place to Work designation.

The Virginia Home works diligently to be good stewards of our donations and income, and we are fortunate to have an experienced Development team at the helm. This year we met our budget and fundraising goals. We are grateful for our volunteers and donors who have supported The Home in so many ways over the years. We know that our Board of Trustees is one of our greatest fundraising arms, and are great ambassadors for The Home. Thank you for your dedication and service.

The year 2024 will mark The Virginia Home's 130th anniversary of continuous operation in the Commonwealth. We are currently operating in the third location of The Virginia Home, a nearly 100-year-old facility. It has been a home we have loved, but one that we have renovated, expanded, and repaired to its limit. For several years now, we have been discussing how we can best secure the future of The Home and provide the best possible life experience for our residents, and for so many on our waiting list. We look forward to sharing exciting news with you in the coming months. Here's your hint—we are dreaming BIG!

I am proud of our teams' accomplishments this year and want to thank all of you for everything you do for The Home and our residents. None of our dreams would be possible without your involvement. I would also like to thank Kirsti Goodwin, Board Chair, for the 2022–2023 term, The Virginia Home Board Trustees, our long-term Associate Board and Honorary Board members as well as our loyal team members for your dedication and support. Thank You.

Douglas H. Vaughan Jr.
President & CEO

OUR MISSION

The Virginia Home provides compassionate and professional residential care to adult Virginians with irreversible physical disabilities, ensuring that their lifelong comfort and security will never be compromised, regardless of ability to pay.

On the Cover: The Occupational Therapy Department released our six Painted Lady butterflies into the courtyard. Residents and staff wore antenna head bands and wished the butterflies well as they flew onto their next chapter of life.

THE MARY TINSLEY GREENHOW SOCIETY

“Florence Nightingale and Clara Barton—it is with these names we properly connect that of Mary Tinsley Greenhow.”

— Richmond Mayor George Ainslie, remarking about the altruism and contribution of Mary Tinsley Greenhow

Richmond Times Dispatch, November 9, 1912

During our 125th Anniversary in 2019, the Board of Trustees approved establishment of a new giving society recognizing those individuals and organizations that have made cumulative gifts totaling \$100,000 or more. **The Mary Tinsley Greenhow Society** pays tribute to our founder, whose determination placed us on a path of service to our residents, and honors some of our most generous friends. We are pleased to list the distinguished members and hope we will have the privilege of adding new members each year.



The Mary Tinsley Greenhow Society

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It is with immense gratitude that we acknowledge April and Dr. Joe Niamtu for their dedication and remarkable generosity to The Virginia Home.

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THE 1894 LEGACY SOCIETY

The Virginia Home established **The 1894 Legacy Society** to recognize those friends who have included us in their estate plans. This source has been important for building our endowment, ensuring our ability to provide compassionate and professional care to our residents across generations. Members of The 1894 Legacy Society continue that tradition today.

In 2023 The Virginia Home received \$2,167,641 in the form of estate gifts and trusts. What an honor it is for us to become part of the legacies of these special families and friends. We hope others will be inspired this year to heed the call of our founder, Mary Tinsley Greenhow, and today's leaders by including The Home in estate plans and becoming members of The 1894 Legacy Society. Every gift is important.

The 1894 Society

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In 2023, The Home received \$2,167,641 in the form of estate gifts and trusts, strengthening the very foundation of The Virginia Home.

The Edwin P. Conquest Memorial Fund was established to honor Ned's grandmother, Mrs. Henry Fairfax, a three-time President of The Virginia Home Board of Trustees.

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2023 STORIES OF COURAGE & GRACE

Stories of Courage & Grace has raised \$3.5 million, helping to sustain many of our great programs and strengthening our base of supporters and volunteers.



Chef Jeff Henderson modeling his brand new TVH apron presented by Kaleigh Cravens and Donna Hansen.

STORIES OF
Courage & Grace™

With the goal of sustaining many of the great programs that make The Virginia Home so special, we created **Stories of Courage & Grace™** in 2011. Our inspiration came from residents of The Home—people who live their lives with courage and grace in the face of considerable challenges.

Through the years, our event has highlighted the lives of a wide variety of people ranging from Navy Seals to Olympic runners, from actors to astronauts and from politicians to First Daughters. These individuals not only entertain and inform us, but they also serve to inspire us the way the residents of The Virginia Home inspire us every day. In 2023, we welcomed Celebrity Chef Jeff Henderson to the stage. Jeff inspired us with his emotional journey of redemption from “the streets to the stove,” sharing his real-life strategies to help us achieve our dreams, no matter our stage of life. Many thanks to our audience, and to the following sponsors.*

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*All gift up to \$499 are recognized in Gifts and Grants



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Special Thanks

Rick Lunsford/Blooms at The Jefferson
Joe Mahoney
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Terry White/White House Flowers

Top: TCV Trust & Wealth Management has been a Bronze Sponsor every single year! Joining us for the event were TCV employees Chuck Ritchie and Allan Stoneman with Denise Ritchie and Wiley Hunnicutt.

Below: Audience participation with guest and Patron Sponsor Jim Rogers.

GIVING

We gratefully acknowledge the generosity of our contributors. The following list recognizes all gifts and grants received from January 1 through December 31, 2023.

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Sarah Goldmann and Atticus lounge by Shields Lake during The Home's Second Annual Fishing Tournament.

GIFTS AND GRANTS



Sandy Toot and Susan Reyes with Community Integration staffer Mike Betts at our Live Out Loud festival.

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Our new Pool CNA, Dianna Bryant, helps Jonathan Strother (Jonjon) with his brushstroke during Hobby Stop. She'll be helping him with his swimming strokes in 2024!



GIFTS AND GRANTS

Designated gifts and grants of \$226,430 supported the Dental Clinic, Transportation Services, resident technology needs and medical equipment.

Brian Angle uses an adaptive paint brush to create amazing artwork!



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Social worker Susan Eads comforts Mary Nolte. The two are long-time friends—Susan has been with our social services department for 31 years and Mary has lived here for 40.

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An inflatable movie screen was given to The Home by Tom and Mary Folliard seven years ago! It gets a lot of use, especially during movie nights in the garden.



GIFTS AND GRANTS

Thank you to the 626 friends who responded to our Annual Giving appeal, contributing nearly \$700,000 in 2023.

Nutzy always brings a lot of fun to the Walk 'n' Roll 5k. Carlos Savage was also joined by his nephew Demek, sister Candy, and TVH staff member Monique Rogers (center).

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 Ms. Mary T. Bliley
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 Miss Eugenia H. Borum
 Mr. and Mrs. John S. Boyer
 Franck and Mary Boynton
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 Ms. Catherine B. Wright
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 or Donor-Advised Funds**

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 Ayco Charitable Foundation
 Bank of America Charitable Gift Fund
 Benevity Community Impact Fund
 Capital Group/American Funds
 Charity Aid Foundation of America
 Citizens Charitable Foundation
 Community Foundation for
 a greater Richmond
 Davenport Donor Advised Program
 Fidelity Charitable
 Impact Assets
 National Philanthropic Trust
 Raymond James Charitable
 Richmond Jewish Foundation
 Schwab Charitable
 TD Ameritrade
 The American Gift Fund
 The Morgan Stanley Global Impact
 Funding Trust
 The Signatry
 The U.S. Charitable Gift Trust
 Triangle Community Foundation
 United Charitable
 Vanguard Charitable
 The Winston-Salem Foundation

**Corporate Giving Programs
 and Online Giving Platforms**

Bank of America Employee
 Giving Campaign
 The Blackburn Giving Fund
 Commonwealth of Virginia Campaign
 Dominion Energy Charitable Foundation
 give lively Foundation



Gray Holdings, LLC
 Mutual Assurance Society of Virginia
 Network for Good
 PayPal Giving Fund
 United Way of Greater Richmond
 & Petersburg
 Wells Fargo Community
 Support Program
 Your Cause, LLC

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 Beverly Almond
 Ralph Anzelmo
 Addie Asbury
 Theresa Ashberry
 Theresa Beck
 Bliley's Funeral Home
 Audra Boardman
 Tricia Bonnes
 Rosa Boshier
 Sandra Bowers
 Frances Brown
 Sharon Burcham
 Lisette Carbajal
 The Carrington family
 Nelida Castillo
 Cathedral of the Sacred Heart
 Julie Chandler
 Debra Cody
 Jennifer Collins Connor
 Elizabeth Compton
 Claire Cottrell
 Felicia Coulson
 Barbara Cox
 Michael Cox
 The Cravens and Rolfe Families
 Bryn and Paul Davis
 The Deane Family
 Megan Dickerson
 Loehr Family
 Anna Faux
 First Baptist Church
 Joseph Fisher
 Molly Fisher
 Katherine Flohr

Tom and Mary Foliard
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 Laura Hunt
 Sandy Jewell
 Ronda Jones
 Stacy Jones

GIFTS AND GRANTS

John Blosser says what we all
 feel about our volunteers,
 donors, families and friends.
THANK YOU! We couldn't do
 what we do without you.

Mark Brown, Tyler Bowers
 and CNA Anna Goldnetz
 at National Harbor on
 a Travel Scholarship Trip.



GIFTS AND GRANTS

Thank you to our 129 new friends who made their first gift in 2023. These individuals, companies and organizations contributed \$74,000.

Steven Kean
Emily Keith
Anne Kelso
John and Betty Kennedy
Patrick Kennedy
Rachel Laiche
Carrie Leone
Jessica Lockwood
Lena Logsbon
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Scott Nester
Carol New
JoAnne Nolte
Sally Nolte
OrthoVirginia
Becky Pinner
Leslie Rising
Ellen Ryan
The Ryder Family
Virginia Ann Sanders
Pam Saunders
Matthew Schmidt
The Sexton Family
Liz Shield
Sara Simmons
Orlando Smith
Spider Management
The Tenish Family
The Federal Reserve Bank
Three Chopt Church of Christ
The Traynham Family
Utopiary Balloons
Lissie Van Leunen



CNA Grace Wilson and Recreation Therapy staffer Sara Jarrett with Kim Anzelmo on our official Bunny Cuddling Day.

VCU School of Dentistry
The Virginia Home Resident Council
The Virginia Home Family Members
The Virginia Home Junior Board
Tamara Walmsley
Sharon Ward
Nancy Warman
Tara Washington
Karen Weeks
Deanna Wenzel
Brandon and Laura West

Windsor Farms Garden Club
Virginia Whitmire
Anne Willis
Jane Willis
Latesea Winston
The Wrzesinski Family
Jessi Young
Joan Zantinger
Anonymous (5)

Gifts in Honor

Tuggie Armstrong
Chris Asbury
Wesley Ashberry
Atticus Austin
Cyndy Bristow
Anne C. Buchanan
William E. Coleman III
Carpie Coulbourn
Otto Critz
Ann Cullen
Dianne Donmoyer
Michael B. "Mickey" Dowdy
Alice T. Goodwin
Kirsti Goodwin
Pat Harp
Ben Herzig
Braxton and Stephanie Hill
Johnny Holmes
Vincent P. Howley
Greg Kelso
Annie Kennedy
Brenda McGehee



Chris Hignutt makes a friend at National Harbor. Easily one of our favorite photos of the year.

GIFTS AND GRANTS

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Cindy Nester
Sammy J. Newberry
Muff Nolde
Mary Penn Nolte
Jane Nott
Marshall "Tommy" Peden
Betsy A. Rader
Barbara G. Reames
Martha Robertson
Liza Scott
Bill and Cornelia Shumadine
Judy Simmons
Laura C. Stewart
Vonnie Stoneburner
Tom W. Stumm
Christopher Tompkins Jr.
TVH Monday Morning Card Group
TVH Residents
TVH Staff and Volunteers
Bethann Vaughan
Aaron Wade
Weezie Wiltshire
Jack and Charlotte Woodfin
Andrew Wrzesinski
Jody Young

Gifts in Memory

Mary Robin Andrews
Billy Austin
Charles L. Baird
Dennis R. Bayne
David Beatty
Edmund "Eddie" L. Benson IV
Jerry C. Booth
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Charles Buchanan
Muriel "Evi" Burgin
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Janet R. Wade
Elizabeth P. Wilson
Cindy Woods

We have made every effort to ensure the accuracy of this report. Please contact our Development Department if you see that a correction should be made.

Of The Home's
240 associates,
almost 30% have
10 or more years
of service.

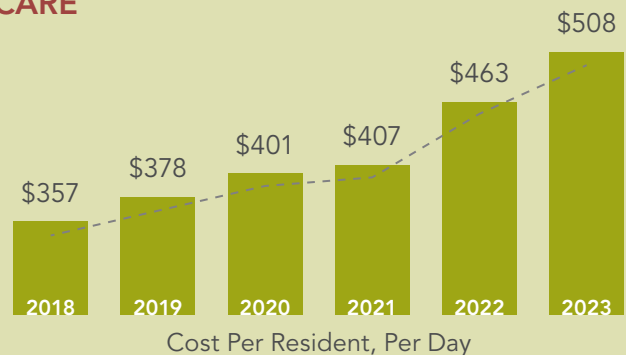
Brooks Saunders and Megan Portelos enjoy a beautiful morning at our annual Fall Fest.



2023 FINANCIAL SUMMARY AND COST OF CARE

\$508 Cost Per Resident, Per Day

Operating Revenue\$30.2 million
Operating Expenses\$23.7 million
Non-Operating Expenses ..\$5.7 million
Change in Net Assets\$12.2 million



THE VIRGINIA HOME VOLUNTEERS

2023 VOLUNTEERS BY THE NUMBERS

86

Individual Volunteers

30

Volunteer Groups

351

Event Volunteers

3,727

Volunteer Hours

\$118,531

Value of our
Volunteers

Individuals

Dr. Matt Aldred
Bob Alexander
Beverly Almond
Wendy Anderson
Cathy Andrews
Kennedy Armstrong
M.J. Finley Austin
Hope Ayers-Gray
Sanskriti Basnyat
Dr. Richard Bates
Kate Benson
Andrew Bolling
Tricia Bonnes
Cameron Bonsell
Rosa Boshier
Hugh Brenner
Jett Bristow
Hannah Burns
Debbie Cody
Juliette Copeland
Jennifer Critz
Bryn Davis
Greg Deener
Dr. Campbell Delk
Megan Dickerson
Dr. Terry Dickinson
Molly Fisher
Peter Fisher
Jennifer Gabino Perez
Morgan Gray
Stephanie Hamilton
Louise Hartz
Craig Harver
Kayleigh Harver
Lisa Hearl
Kiersten Hening
Barbara Hignutt
Frank Hudak
Mollie Hummel
Carrie Humphries
Mary Iva Jones
Chandler Klevana
Jeffrey Kolpikov

Bruce Kupper
Ron Lanier
Lori Larson
Chase Litzenberg
Suzanne Loehr
Eva Martinez
Mary Mason
Gary and Linda Merson
Christopher Messier
Isaac Mines, Sr.
Ashley Mizelle
Vance Mizelle
Ellie Moore
Jeff Morris
Vanessa Mosely
Lauren Natale
John Newton
Jordan Oliver
Laurie Perkins
Tim Perkins
Becky Pinner
Bryce Powell
Frannie Powell
Anne Rhodes
Dr. Richard Roadcap
Ellen Ryan
Livana Sarker
Brianna Scott
Court Scoven
Olivia Simpson
Jennafer Smith
Walt Stevenson
Laura Stewart
Russell Stiltner
Leroy Vaughan
Julie Warriner
Catherine Whitham
Pam Wilson
Weezie Wiltshire
Dr. Roger Wood
Annie Wortham
Charles Young
James Young

Groups

The Ashberry Family & Friends
Betsy Lynn and the Boys
Caring Canines
Cathedral of the Sacred Heart
Catholic Christian Outreach at
University of Richmond
Clown Alley #3
Danny's Ladies
Th Delk Family
Duke Alumni
Faith Landmark Church
Federal Reserve Bank
Girl Scout Troop 5177
Green Spring Music Harp Ensemble
Maggie L. Walker Governor's School
OrthoVirginia
Piano & Voice Lessons with Angie
Partnership for People with Disabilities
Redeemer Anglican Church
Seventh-Day Adventist Church
St. Bridget Catholic School
St. Giles Church
St. James Church
The Forever Young Choir
from Fairmount Christian Church
The Virginia Home Bridge Club
The Virginia Home Junior Board
The Virginia House Band
VCU Dental Students
VCU PT Students
The Wesley Foundation at
University of Virginia
Windsor Farms Garden Club

Friendraisers

Gelati Celesti Spirit Night
Sip & Shop at Hampton House
Spread the Love Valentines Day
Campaign with Utopiary
The Pampered Chef Giveback



“Volunteers do not necessarily have the time; they just have the heart.”



Director of Volunteers Annie Kennedy with 2023 Volunteer of the Year, Cathy Andrews.

VOLUNTEER OF THE YEAR

Cathy Andrews

Cathy Andrews began her volunteer service with The Home in the autumn of 2018. Recently retired and having relocated to our neighborhood, Cathy sought an activity that would both occupy her time and provide a sense of purpose and fulfillment. It was meant to be! She easily integrated into our community, forming strong friendships with numerous residents, and enjoying the opportunity to connect with everyone on a deeper level.

Cathy’s contributions span a spectrum of tasks, from labeling new outfits for residents to managing emails and facilitating handwritten letters. She will roll up her sleeves for any job, including some of the stranger requests we get from time to time. She also helps with all our special events—no matter if it’s on a weekend or evening—she is there! Cathy easily works with everyone and has even won over some of our more ‘spirited’ friends here. She is dedicated and almost never misses a day—except on rare occasions such as serving on jury duty or celebrating family milestones. Adaptable, flexible and consistent, Cathy has been a welcome presence in our lives, even during the rollercoaster pandemic years! We are so thankful for her devotion and steadfast friendship with The Home.

PHILANTHROPIC SERVICE AWARD

Dental Clinic Staff & Volunteers

The Virginia Home Philanthropic Service Award was created in 2019 to recognize volunteer leadership and service to The Home’s fundraising operation. In 2023 the award was presented to the TVH Dental Clinic staff and volunteers. The Dental Clinic serves as a great example of collaboration between staff and volunteers to create an effective resident care program that has also been the recipient of numerous foundation grants. Funders find the agreement with VCU School of Dentistry, which provides rotation opportunities

Brenda Mizelle, Terry Dickinson D.D.S., Vice President of Advancement Mickey Dowdy, Andrey Akermann and Carrie Humphries, RDH.

for dental hygiene and doctoral students, very compelling. The oversight by our team and the volunteer dentists, who supervise the VCU students, is a great model that provides impact beyond The Virginia Home. The communities where dental hygiene and professional dentists practice benefit from the experience these graduates received in treating special needs patients at TVH. Director of Speech Therapy, Brenda Mizelle, oversees the clinic which is managed by Andrey Akkerman. Terry Dickinson, D.D.S., coordinates dental community volunteers and Carrie Humphries, RDH, coordinates the rotation of VCU dental hygiene students.

2023 BOARDS AND STAFF

Dr. Susan T. Gooden with husband Dr. Basil Gooden attend Stories of Courage & Grace at The Jefferson Hotel.



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Administrative Assistant
Stacey Thomas, MSPT

Director of Physical Therapy
Jessi B. Young, MDiv., MSW
Director Social Services & Admissions
Jody Young, MS, CTRS
Director of Resident Services

THE VIRGINIA HOME

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Eligibility

Any Virginia resident who is at least 18 years of age may seek admission. Generally, they must qualify for nursing home care under the laws of Medicaid and be diagnosed with an irreversible physical disability. At present, the average age of our residents is 55. About one-third of our residents are from Central Virginia, with the remainder representing every part of the state.

Services

Unlike traditional nursing homes, which are typically custodial facilities for the elderly, The Virginia Home is much more. The Home provides rehabilitative services, including occupational, recreational, speech and physical therapy; social services; round-the-clock nursing care; and individualized nutritional services. Laundry services, housekeeping, and wheelchair repair and maintenance services are also provided. A full-time Medical Director is among a team of 240 professional caregivers and staff.

Cost

Round-the-clock care is costly, and operational expenses increase annually. Based on a daily cost of \$508 per resident in 2023, The Virginia Home was able to provide the highest quality care and services possible.

Funding

Few residents have the financial resources to completely pay for their care. For all but a few residents, financial assistance from federal and state sources administered through Medicaid covers most of the cost of care. However, many of the special programs that enrich and enhance the quality of life for residents are provided by contributions, including ancillary health services, community cultural opportunities, holiday celebrations, special events and full-time chaplaincy and music therapy programs.

Tax Deductibility of Gifts

The Virginia Home is incorporated as a private, non-profit organization under IRS code 501(c)(3), and gifts are tax deductible to the fullest extent allowed by law. Contributions are used to help defray the costs assumed by The Home for the daily care of our residents unless otherwise specified.



Thank you for your support!

Your contributions help our residents live each day of their lives with courage and grace.